

VASHON CAREGIVER DIRECTORY

July 28, 2022

You need to do your own due diligence to ensure any caregiver you choose is appropriate for your needs and complies with applicable laws. The Vashon Care Network does not employ or recommend any caregiver and is not responsible for the conduct of anyone on this list. All information contained herein was provided by the person listed. The information contained on this list is not verified by the Vashon Care Network.

Name:	Allingham, Holly
Email Address:	64gemidragon@gmail.com
Length & Description of Caregiving Experience:	20 years of all levels of caregiving. Private home families. Single person & couples. All kinds of family animals included. Helping with everyday needs and chores. I support people trying to live in their homes as long as possible. I've also got 17 years of experience in hospice.
Certification/License:	Home Care Aide Certification HM 61250305
Independent Provider approved by DSHS for COPES work:	I am still waiting for the state to process my application
Areas of Special Interest/Experience: (hospice, dementia, companion care)	Hospice, dementia & companion care
Available for Overnight Care:	Yes
Available for Weekend Care:	Yes
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	Non smoker, comfortable with all kinds of pets. Enjoy cooking, cleaning, reading, exercising, walking, photography, videotaping clients stories (if they want to), looking through photo albums, organizing, painting, singing, car drives on the island and picnics.
Name:	Ammon, Sally
Email Address:	violet08@centurytel.net
Length & Description of Caregiving Experience:	I started professional caregiving at 12 years old. I cared for a neighbor who was pregnant with twins. Then my son was born in 1984 and started having seizures at three months old. He was later diagnosed with developmental delay after his 4th birthday. My son is now 37 years old and lives on his own with help, but he is a long term client. My next client was an elderly gentleman, starting in 1992, I did cleaning, escorting, cooking, etc. for about 3 years before he died. Since then I have had many clients, both private and state paid, all here on Vashon. I have been certified by the state since 2009, and have had 12 hours of continuing education ever since. I have countless references for private and state paid clients on Vashon. I also have a long career as a private housecleaner and gardener on Vashon, and although I no longer do long hours of that type of work I still do some of that for my clients.
Certification/License:	I am licensed with DSHS of WA, have a contract with Consumer Direct Washington (WEI022764) and am a member of SEIU775. I am not a CNA.
Independent Provider approved by DSHS for COPES work:	Yes
Areas of Special Interest/Experience: (hospice, dementia, companion care)	I have done a good deal of hospice and companion care. I am drawn to hospice and feel strongly that leaving this life deserves the same attention and care as entering this life. I have a 3 year degree in Energy Healing with the Innersource organization. I do occasional energy sessions out of my home, and taught a class on Energy Medicine for The Eyes at the Senior Center a few years ago.
Available for Overnight Care:	No
Available for Weekend Care:	No
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	I am very open to companionship with people, pets and hobbies. I used to sing professionally and can play the piano some. I find music is the universal language and makes life more fun. I studied floristry and sometimes bring bouquets from my garden for my clients. I am a self made herbalist and make my own tinctures and teas and study herbs at home. I am one of Vashon's original "Beach Naturalists", and have taught at the Low Tide Celebrations for several years. Hospice patients have a very special place in my heart. I hope to attend classes on helping with this transition in the future.

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Name:	Bauer, Jeaneen
Email Address:	jbauerphotography@gmail.com
Length & Description of Caregiving Experience:	25 years. First with both of my parents, father with dementia through end of life, mother with round the clock care-for last 3 years of her life-she passed 10 years ago. Both parents were able to pass in their own home. Moved to Vashon 9 ½ years ago and worked at doctor's office. Started caregiving as a side job here because I enjoy being around and helping my elders. Helped a few friends until I was introduced to the Vashon Care Network. My first client here on Vashon was such a joy that I visited her often even after she was moved to a facility. This has happened more than once. I deeply care for the people I care for. I believe everyone should be treated with kindness and compassion, no matter their situation. And also stay in their home if possible. I work a full time job at a financial institution and am an active artist and member of VIVA. I volunteer at VCA and other fund raising functions on the island. I have stepped back from caregiving at the moment but would like to stay in the group as I will be back. Caregiving is not just a job, it is a labor of love and compassion for me. I am humbled and grateful that I am trusted to care for others family members.
Certification/License:	None
Independent Provider approved by DSHS for COPES work:	No
Areas of Special Interest/Experience: (hospice, dementia, companion care)	Hospice, dementia & companion care
Available for Overnight Care:	No
Available for Weekend Care:	Yes
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	Non smoker, love pets, crafter and artist, cooking
Name:	Bell, Emmy
Email Address:	maryevelynbell@gmail.com
Length & Description of Caregiving Experience:	I have been a caregiver for close to seven years on the island. I have experience caring for adults living with disabilities, seniors with a wide range of care needs including companionship, post surgery care, meal prep, medical management, toileting, appointments and errands, convalescence and hospice. I've been a care team lead for the past two years.
Certification/License:	Home Care Aide Certification HM 61191122
Independent Provider approved by DSHS for COPES work:	No
Areas of Special Interest/Experience: (hospice, dementia, companion care)	I have experience with hospice, dementia and companion care.
Available for Overnight Care:	Yes
Available for Weekend Care:	Occasionally
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes - if limited to 30 minutes
Additional information:	I'm comfortable with most pets. I have a senior rescued beagle that accompanies me if welcomed.

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Name:	Carson-Rohe, Coco (Nellie)
Email Address:	cococarsonrohe@gmail.com
Length & Description of Caregiving Experience:	8 years - dementia, incontinence, bedbound care, hospice, pain management, nutrition, care planning/supporting families in transition
Certification/License:	Bachelor of Arts in Social Work - University of Washington Seattle. Will be HCA by August 1, 2022
Independent Provider approved by DSHS for COPES work:	I am working on COPES registration. Should be completed by August 1, 2022
Areas of Special Interest/Experience: (hospice, dementia, companion care)	I am very strong. I have a good work ethic and enjoy problem solving. I do not have a preferred kind of care, other than client centered care. Protect the dignity of the client.
Available for Overnight Care:	Yes
Available for Weekend Care:	Yes
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Will do a brief phone call
Additional information:	None provided
Name:	
Name:	Cerven, Laura K.
Email Address:	lkcerven@hotmail.com
Length & Description of Caregiving Experience:	22 years experience. Clients aged 14-87. Physical activities, medication monitoring, meal preparation, cleaning, outings and shopping, music and language activities.
Certification/License:	Individual Provider Safety Training Certificate of Completion - Home Care Quality Authority #200277 (8/10/2006); Nurse Delegation Core Training for Nursing Assistants Certificate, Department of Developmental Disabilities, Washington Department of Social and Health Services (4/22/2006); Washington State Continuing Teacher Education Certificate, K-12 Music and French (2/10/2006).
Independent Provider approved by DSHS for COPES work:	Yes, but I have not renewed
Areas of Special Interest/Experience: (hospice, dementia, companion care)	Seizures, dementia
Available for Overnight Care:	No
Available for Weekend Care:	No
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	Non smoker, comfortable with pets, music, French, gardening
Name:	
Name:	Crago, Alora
Email Address:	alcrago@willamette.edu
Length & Description of Caregiving Experience:	I have been a caregiver for 5 years on and off Vashon Island. I have been certified as a CNA for 1 year in Washington and worked at Vashon Community Care until its closing. I have experience in hospice home clients, dementia patients, and at home companion care jobs.
Certification/License:	CNA - NC #61214929, dementia and mental health training certification, CPR certification and food handler's license.
Independent Provider approved by DSHS for COPES work:	Yes
Areas of Special Interest/Experience: (hospice, dementia, companion care)	Previous hospice, dementia and companion care experience. No special interest - open to all.
Available for Overnight Care:	Yes
Available for Weekend Care:	Yes
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	I am a pre-med student studying at Willamette University. I am hoping to work over my breaks. My availability is May 15 through August 20, 2022 and December 20, 2022 through January 15, 2023. I would be happy to do fill ins for other caregivers as needed. I am comfortable with all pets, non smoker and am a mixed media artist.

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Name:	Chellberg, David J.
Email Address:	djchellberg@gmail.com
Length & Description of Caregiving Experience:	Cared for multiple relatives during end of life. I have cared for Alzheimer's patients and hospice patients professionally.
Certification/License:	None yet, but I have a BA in Biology and 30 years' experience in Animal husbandry. I have enrolled in the CNA Certification Program.
Independent Provider approved by DSHS for COPES work:	Yes
Areas of Special Interest/Experience: (hospice, dementia, companion care)	I enjoy assisting/doing household repairs. I am an experienced house cleaner. I have experience in all three areas and each have their joys and disappointments.
Available for Overnight Care:	Yes
Available for Weekend Care:	Yes
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	I am a non smoker. I have many years of pet care and animals respond positively to me. I also enjoy setting up bird feeders so that my clients can enjoy bird watching.
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Name:	Cummings, Mary
Email Address:	maricummings66@gmail.com
Length & Description of Caregiving Experience:	Years of experience
Certification/License:	Have completed classes, not certified yet.
Independent Provider approved by DSHS for COPES work:	Yes
Areas of Special Interest/Experience: (hospice, dementia, companion care)	All of these
Available for Overnight Care:	Maybe
Available for Weekend Care:	Maybe
Have own transportation:	Sometimes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	I get along very well with people and animals. Again, I have had years of experience.
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Name:	Dally, Monica
Email Address:	paintedturtlekona@gmail.com
Length & Description of Caregiving Experience:	I have years of experience with hospice care, companion care, live-in care, memory care. I have experience working with traumatic brain injury working as a live-in care giver. I've worked 2 years in a memory care unit.
Certification/License:	HCA Credential #HM 61240680
Independent Provider approved by DSHS for COPES work:	Yes
Areas of Special Interest/Experience: (hospice, dementia, companion care)	I enjoy all levels and aspects of any area of care giving. Most of my experience is with memory care.
Available for Overnight Care:	No
Available for Weekend Care:	Not currently. I might consider weekend care on occasion.
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	Non smoker, love pets. Volunteer work: St. Michael's Boys Home, Ponce Puerto Rico, World Championship Iron Man Triathlon, 2006, 2011, 2012, 2013, 2015. Core qualifications: client focused, team oriented, self motivated, honest, builds a positive rapport with people of all social backgrounds, excellent interpersonal skills. Skilled caregiver.

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Name:	Gross, Susan
Email Address:	susan@susangross.com
Length & Description of Caregiving Experience:	I have been a caregiver for one year on Vashon Island with 2 clients, one with worsening dementia, incontinence & mobility issues, the other in her late 90's with limited mobility & specific dietary needs. Skills include personal care, meal planning & food preparation, medication management, light kitchen clean up, straightforward communications with families, compassionate companionship, help with tasks and organizing, attention to detail.
Certification/License:	None at this time, but interested in pursuing.
Independent Provider approved by DSHS for COPES work:	No
Areas of Special Interest/Experience: (hospice, dementia, companion care)	I provide sensitive companionship, I am personally quite familiar with grief death & dying, some hospice care. I have some experience in light personal care & clean-up and helping the client use a cane or walker. If they are interested and able, I can help the client tell their stories &/or write their memoir, family cookbook, or scrapbook.
Available for Overnight Care:	Yes
Available for Weekend Care:	Yes
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	Non smoker, mask-wearing & cautious in regards to Covid as I myself am immune-compromised. Animal lover and pet sitter, an artist, gifted teacher, book lover, reader, writer.
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Name:	Hathaway, Roxy
Email Address:	rrhisland@gmail.com
Length & Description of Caregiving Experience:	Did housekeeping, took my mom to the doctor weekly and checked in on her after dad died for 17 years until she passed.
Certification/License:	None
Independent Provider approved by DSHS for COPES work:	No
Areas of Special Interest/Experience: (hospice, dementia, companion care)	Companion care, light housekeeping, cooking some meals and running on island errands.
Available for Overnight Care:	No
Available for Weekend Care:	No
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	I walk daily and am happy to get outside exercise with client and/or just take them for outings or performances. Reading out loud. I'd be fine performing light housekeeping duties and/or decluttering. I have good personal assistant experience and housekeeping references and am fine with providing them. 2-3 hours, 2-3 days a week is preferable, but I am flexible. Love cats and dogs (could dog walk), am a non-smoker who gets outside everyday gardening and walking. Am an amateur artist and a seamstress.
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Name:	Hendricks, Paula
Email Address:	phenlaci@hotmail.com
Length & Description of Caregiving Experience:	I have been an active caregiver in our community since 1993. I am presently employed as a hospice aide with Providence Hospital of Seattle. I have worked with Providence for 15 years.
Certification/License:	Certified Nursing Assistant (CNA) & Certified Hospice and Palliative Nursing Assistant (CHPNA)
Independent Provider approved by DSHS for COPES work:	Not at this time
Areas of Special Interest/Experience: (hospice, dementia, companion care)	Hospice is my specialty. I have done a lot of work with people dementia in adult day health settings, specializing in art making programs. I have care management skills in the private caregiving realm.
Available for Overnight Care:	No
Available for Weekend Care:	No
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes - 1st time
Additional information:	I am a non-smoker. I do not mind pets, but ask clients to have dogs secured in other room or outdoors during care. I am an artist. Sometimes, I have very little availability, but am open to receiving calls.

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Name:	Horton, Evy
Email Address:	pacesinplaces@gmail.com
Length & Description of Caregiving Experience:	Formal to date 1 month with daily visits
Certification/License:	HCA in training, certification anticipated Summer 2022.
Independent Provider approved by DSHS for COPES work:	Yes
Areas of Special Interest/Experience: (hospice, dementia, companion care)	Physical activity, mindful meditation, nature/outdoors, healthier meals
Available for Overnight Care:	Not regularly, would consider episodically
Available for Weekend Care:	Not regularly, would consider episodically
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes - up to one hour in person with follow up email(s) & phone calls
Additional information:	Due to allergies and chemical sensitivities, not offering care in smoking households; prefer fragrance-free and dog free; no wood burning stoves either. Hobbies: walking reading (non-fiction), films/movies
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Name:	Janssen, Kristi
Email Address:	krischeljo@yahoo.com
Length & Description of Caregiving Experience:	I worked at VCCC for 16 years (2005-1021) caregiving. I also had quite a few private caregiving jobs from 2006 until 2015 (part-time). Direct care and med tech.
Certification/License:	CNA Kristi C. Janssen credential #: NC 61257211
Independent Provider approved by DSHS for COPES Work:	Yes, independent. Not DSHS COPES approved.
Areas of Special Interest/Experience: (hospice, dementia, companion care):	Any
Available for Overnight Care:	Yes
Available for Weekend Care:	Yes
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	None provided
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Name:	Jordan, Christina
Email Address:	whitelabs@yahoo.com or alora831@uw.edu
Length & Description of Caregiving Experience:	25 years experience as a caregiver and hospice volunteer, specializing in dementia care and hospice.
Certification/License:	HCA HM #61132886, CNA NC #61207121, Bachelors in Gerontology, advanced training in Alzheimers and related dementias, currently in the process of getting my Masters in Social Work at the University of Washington
Independent Provider approved by DSHS for COPES work:	State provider with Full Life Care and Independent Provider
Areas of Special Interest/Experience: (hospice, dementia, companion care)	Areas of interest are dementia and hospice care
Available for Overnight Care:	Yes
Available for Weekend Care:	Yes
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	I recently began caregiving in the Spring of 2022. I am excited to be able to work with the Vashon community and use my experience in other areas, such as childcare and chronic health, in this new setting.
Additional information:	I am a gerontologist and enjoy working with families to support them as they care for their aging loved one. My prior work experience is with Vashon Community Care and UC Davis Alzheimer's Disease Center in CA. My mother was a hospice volunteer coordinator and because I grew up with hospice. I am comfortable with the process of dying and feel confident in my ability to support their family on this journey. I am a non-smoker, respectful of noise sensitive individuals and clients with sensitivity to smells, and I love all pets.

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Name:	Lucas, John
Email Address:	john@johnlucasarts.com
Length & Description of Caregiving Experience:	About 7 years: 5 years with a variety of clients, 2 years with parent
Certification/License:	CNA NC #60870199 John Carter Lucas
Independent Provider approved by DSHS for COPES work:	No
Areas of Special Interest/Experience: (hospice, dementia, companion care)	Hospice, general care/Best with older men
Available for Overnight Care:	No
Available for Weekend Care:	No
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	Non-smoker, OK with most pets, enjoy engaging on most subjects from history and travel to cooking and the arts. Patient and good listener.
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Name:	Mueller, Tess
Email Address:	tessadair@gmail.com
Length & Description of Caregiving Experience:	I recently began caregiving in the spring of 2022. I am excited to be able to work with the Vashon community and use my experience in other areas, such as childcare and chronic health, in this new setting.
Certification/License:	I am in the process of getting my HCA certification. I will have my license by the end of summer 2022
Independent Provider approved by DSHS for COPES work:	I will be approved for COPES work once I receive my HCA license
Areas of Special Interest/Experience: (hospice, dementia, companion care)	I am open to working with all types of clients
Available for Overnight Care:	Yes
Available for Weekend Care:	Yes
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	I enjoy dancing, listening to music, and doing art projects. I also love to cook and learn new recipes. I am comfortable with pets and don't smoke. As someone who has been immunocompromised during the pandemic, I am extra careful with covid precautions and take care not to put myself or my clients at risk of infection.
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Name:	Odell, Richard
Email Address:	fieldstone12@gmail.com
Length & Description of Caregiving Experience:	20+ years. Seizure disorder, development disabilities, hospice, Parkinson's with dementia, Alzheimers
Certification/License:	Qualified IP
Independent Provider approved by DSHS for COPES work:	Yes
Areas of Special Interest/Experience: (hospice, dementia, companion care)	Come what may
Available for Overnight Care:	Yes
Available for Weekend Care:	Yes
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	Fully booked as of 6/23/22, but open to opportunities and wishing to be considered for such as all conditions are subject to change.

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Name:	Troese, Leona
Email Address:	v108yogini@gmail.com
Length & Description of Caregiving Experience:	I completed NAC training and passed the test many years ago, but I let the license expire. This occurred while working as a social worker at VCC for 17 years, and I used many NAC skills while in that position. I have been the primary caregiver for my husband who now has advanced Parkinson's and dementia, again utilizing all NAC skills including assistance with eating, pericare during the day and night, ambulation assistance, etc. Also have worked as an HCA DSHS for about 3 years, providing care for a woman with several disabilities. I have not completed that training, however, as I cannot find caregiver coverage for my husband during most times I would need to be away from home. I am also currently a companion for a female elder who is cognitively intact but has multiple comorbidities.
Certification/License:	None at this point
Independent Provider approved by DSHS for COPES work:	Yes but my ability to do that will expire at the end of October as I cannot complete the training...see above.
Areas of Special Interest/Experience: (hospice, dementia, companion care)	Lots of experience with dementia; have all NAC skills. Also currently provide companion care. Working at VCC provided me with the opportunity to have some experience with hospice; I took hospice training many years ago, and have taken several workshops on the subject. Death/dying is an area of great interest and self study for me. I am currently unavailable (as of July 1, 2022), but wanted to get on this list for the future.
Available for Overnight Care:	Not overnight at this time; husband's primary caregiver.
Available for Weekend Care:	I'd consider Saturday afternoon work starting November - I have coverage for husband on Saturday and my DSHS contract will expire so I won't be able to continue to server my current client.
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	Love all animals, non-smoker, unvaccinated, but have never even been sick during the "pandemic" - agree to home test regularly. Love to cook, primarily vegetarian. Musician - pianist. Strong background in spiritual traditions - Hinduism, Buddhism.
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Name:	Vinson, Isabel
Email Address:	alohaisa808@gmail.com
Length & Description of Caregiving Experience:	Most of my experience is with Dementia/Alzheimers (caregiver/companion). 5 years experience caregiving/cooking meals for clients (special diets included). Also provide meal deliveries
Certification/License:	None
Independent Provider approved by DSHS for COPES work:	No
Areas of Special Interest/Experience: (hospice, dementia, companion care)	Dementia, companion care, meal prep.
Available for Overnight Care:	No
Available for Weekend Care:	No
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	Non-smoker, love pets, avid walker, bilingual - Spanish, retired Culinary Arts teacher, passion for cooking.
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Name:	Weston, Laura
Email Address:	llyweston@mac.com
Length & Description of Caregiving Experience:	Mother of 4 boys, had my father here in his last year of life, oldest of 4 sisters.
Certification/License:	Currently in scholarship program for Home Care Aide on Vashon 2022
Independent Provider approved by DSHS for COPES work:	I have begun the paperwork as an Independent Provider
Areas of Special Interest/Experience: (hospice, dementia, companion care)	Companion care, hospice.
Available for Overnight Care:	Yes
Available for Weekend Care:	Yes
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	Non-smoker, love animals and gardens, knitter/spinner/stitching.

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Name:	Wolczko, Stacey
Email Address:	stacey.wolczko@gmail.com
Length & Description of Caregiving Experience:	I'm a very reliable person, patient, positive and energetic person. I am compassionate, a good listener, empathetic, trustworthy, with a sunny disposition. Besides raising three children with my husband, I enjoy caring for others. I've seen firsthand how valuable outside caregiving help can be for families wanting their loved ones to be cared for at home. I lovingly cared for my sister and then dear friend during their time living with cancer until the end of life. I'm familiar with an aging family member who had dementia and helped create a safe space for them to live, be respected and cared for. I can also help with errands, grocery shopping, cooking, light housekeeping and laundry.
Certification/License:	HCA Credential # HM 612-7956
Independent Provider approved by DSHS for COPES work:	I am an Independent Provider approved by DSHS for COPES work.
Areas of Special Interest/Experience: (hospice, dementia, companion care)	Open
Available for Overnight Care:	No
Available for Weekend Care:	No
Have own transportation:	Yes
Willing to do preliminary interview/meet & greet with family free of charge:	Yes
Additional information:	I have been vaccinated and boosted for Covid. I am a non-smoker, enjoy sailing, yoga, walking, bicycling and swimming. I lived on a sail boat for 11 years and sailed the Pacific Ocean with my husband and three children for 16 months. I am a good organizer, planner and lifelong learner.